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THE ETHICS OF BELIEF

I. THE DUTY OF INQUIRY

A shipowner was about to send to sea an emigrant-ship. He knew that she was old, and not overwell built at the first; that she had seen many seas and climes, and often had needed repairs. Doubts had been suggested to him that possibly she was not seaworthy. These doubts preyed upon his mind, and made him unhappy; he thought that perhaps he ought to have her thoroughly overhauled and refitted, even though this should put him to great expense. Before the ship sailed, however, he succeeded in overcoming these melancholy reflections. He said to himself that she had gone safely through so many voyages and weathered so many storms that it was idle to suppose she would not come safely home from this trip also. He would put his trust in Providence, which could hardly fail to protect all these unhappy families that were leaving their fatherland to seek for better times elsewhere. He would dismiss from his mind all ungenerous suspicions about the honesty of builders and contractors. In such ways he acquired a sincere and comfortable conviction that his vessel was thoroughly safe and seaworthy; he watched her departure with a light heart, and benevolent wishes for the success of the exiles in their strange new home that was to be; and he got his insurance-money when she went down in mid-ocean and told no tales.

What shall we say of him? Surely this, that he was verily guilty of the death of those men. It is admitted that he did sincerely believe in the soundness of his ship; but the sincerity of his conviction can in no wise help him, because *he had no right to believe on such evidence as was before him*. He had acquired his belief not by honestly earning it in patient investigation, but by stifling his doubts. And although in the end he may have felt so sure about it that he could not think otherwise, yet inasmuch as he had knowingly and willingly worked himself into that frame of mind, he must be held responsible for it.

Let us alter the case a little, and suppose that the ship was not unsound after all; that she made her voyage safely, and many others after it. Will that diminish the guilt of her owner? Not one jot. When an action is once done, it is right or wrong for ever; no accidental failure of its good or evil fruits can possibly alter that. The man would not have been innocent, he would only have been not found out. The question of right or wrong has to do with the origin of his belief, not the matter of it; not what it was, but how he got it; not whether it turned out to be true or false, but whether he had a right to believe on such evidence as was before him.

There was once an island in which some of the inhabitants professed a religion

teaching neither the doctrine of original sin nor that of eternal punishment. A suspicion got abroad that the professors of this religion had made use of unfair means to get their doctrines taught to children. They were accused of wresting the laws of their country in such a way as to remove children from the care of their natural and legal guardians; and even of stealing them away and keeping them concealed from their friends and relations. A certain number of men formed themselves into a society for the purpose of agitating the public about this matter. They published grave accusations against individual citizens of the highest position and character, and did all in their power to injure these citizens in their exercise of their professions. So great was the noise they made, that a Commission was appointed to investigate the facts; but after the Commission had carefully inquired into all the evidence that could be got, it appeared that the accused were innocent. Not only had they been accused on insufficient evidence, but the evidence of their innocence was such as the agitators might easily have obtained, if they had attempted a fair inquiry. After these disclosures the inhabitants of that country looked upon the members of the agitating society, not only as persons whose judgment was to be distrusted, but also as no longer to be counted honourable men. For although they had sincerely and conscientiously believed in the charges they had made, *yet they had no right to believe on such evidence as was before them*. Their sincere convictions, instead of being honestly earned by patient inquiring, were stolen by listening to the voice of prejudice and passion.

Let us vary this case also, and suppose, other things remaining as before, that a still more accurate investigation proved the accused to have been really guilty. Would this make any difference in the guilt of the accusers? Clearly not; the question is not whether their belief was true or false, but whether they entertained it on wrong grounds. They would no doubt say, "Now you see that we were right after all; next time perhaps you will believe us." And they might be believed, but they would not thereby become honourable men. They would not be innocent, they would only be not found out. Every one of them, if he chose to examine himself *in foro conscientiae*,¹ would know that he had acquired and nourished a belief, when he had no right to believe on such evidence as was before him; and therein he would know that he had done a wrong thing.

It may be said, however, that in both of these supposed cases it is not the belief which is judged to be wrong, but the action following upon it. The shipowner might say, "I am perfectly certain that my ship is sound, but still I feel it my duty to have her examined, before trusting the lives of so many people to her." And it might be said to the agitator, "However convinced you were of the justice of your cause and the truth of your convictions, you ought not to have made a public attack upon any man's character until you had examined the evidence on both sides with the utmost patience and care."

In the first place, let us admit that, so far as it goes, this view of the case is right and necessary; right, because even when a man's belief is so fixed that he cannot think otherwise, he still has a choice in regard to the action suggested by it, and so cannot escape the duty of investigating on the ground of the strength of his convictions; and necessary,

¹[*In foro conscientiae* (Latin): before the tribunal of conscience. (Instr.)]

because those who are not yet capable of controlling their feelings and thoughts must have a plain rule dealing with overt acts.

But this being premised as necessary, it becomes clear that it is not sufficient, and that our previous judgment is required to supplement it. For it is not possible so to sever the belief from the action it suggests as to condemn the one without condemning the other. No man holding a strong belief on one side of a question, or even wishing to hold a belief on one side, can investigate it with such fairness and completeness as if he were really in doubt and unbiased; so that the existence of a belief not founded on fair inquiry unfits a man for the performance of this necessary duty.

Nor is it that truly a belief at all which has not some influence upon the actions of him who holds it. He who truly believes that which prompts him to an action has looked upon the action to lust after it, he has committed it already in his heart. If a belief is not realized immediately in open deeds, it is stored up for the guidance of the future. It goes to make a part of that aggregate of beliefs which is the link between sensation and action at every moment of all our lives, and which is so organized and compacted together that no part of it can be isolated from the rest, but every new addition modifies the structure of the whole. No real belief, however trifling and fragmentary it may seem, is ever truly insignificant; it prepares us to receive more of its like, confirms those which resembled it before, and weakens others; and so gradually it lays a stealthy train in our inmost thoughts, which may someday explode into overt action, and leave its stamp upon our character for ever.

And no one man's belief is in any case a private matter which concerns himself alone. Our lives are guided by that general conception of the course of things which has been created by society for social purposes. Our words, our phrases, our forms and processes and modes of thought, are common property, fashioned and perfected from age to age; an heirloom which every succeeding generation inherits as a precious deposit and a sacred trust to be handled on to the next one, not unchanged but enlarged and purified, with some clear marks of its proper handiwork. Into this, for good or ill, is woven every belief of every man who has speech of his fellows. An awful privilege, and an awful responsibility, that we should help to create the world in which posterity will live.

In the two supposed cases which have been considered, it has been judged wrong to believe on insufficient evidence, or to nourish belief by suppressing doubts and avoiding investigation. The reason of this judgment is not far to seek: it is that in both these cases the belief held by one man was of great importance to other men. But forasmuch as no belief held by one man, however seemingly trivial the belief, and however obscure the believer, is ever actually insignificant or without its effect on the fate of mankind, we have no choice but to extend our judgment to all cases of belief whatever. Belief, that sacred faculty which prompts the decisions of our will, and knits into harmonious working all the compacted energies of our being, is ours not for ourselves but for humanity. It is rightly used on truths which have been established by long experience and waiting toil, and which have stood in the fierce light of free and fearless questioning. Then it helps to bind men together, and to strengthen and direct their common action. It is desecrated when given to unproved and unquestioned statements, for the solace and private pleasure of the

believer; to add a tinsel splendour to the plain straight road of our life and display a bright mirage beyond it; or even to drown the common sorrows of our kind by a self-deception which allows them not only to cast down, but also to degrade us. Whoso would deserve well of his fellows in this matter will guard the purity of his beliefs with a very fanaticism of jealous care, lest at any time it should rest on an unworthy object, and catch a stain which can never be wiped away.

It is not only the leader of men, statesmen, philosopher, or poet, that owes this bounden duty to mankind. Every rustic who delivers in the village alehouse his slow, infrequent sentences, may help to kill or keep alive the fatal superstitions which clog his race. Every hard-worked wife of an artisan may transmit to her children beliefs which shall knit society together, or rend it in pieces. No simplicity of mind, no obscurity of station, can escape the universal duty of questioning all that we believe.

It is true that this duty is a hard one, and the doubt which comes out of it is often a very bitter thing. It leaves us bare and powerless where we thought that we were safe and strong. To know all about anything is to know how to deal with it under all circumstances. We feel much happier and more secure when we think we know precisely what to do, no matter what happens, than when we have lost our way and do not know where to turn. And if we have supposed ourselves to know all about anything, and to be capable of doing what is fit in regard to it, we naturally do not like to find that we are really ignorant and powerless, that we have to begin again at the beginning, and try to learn what the thing is and how it is to be dealt with – if indeed anything can be learnt about it. It is the sense of power attached to a sense of knowledge that makes men desirous of believing, and afraid of doubting.

This sense of power is the highest and best of pleasures when the belief on which it is founded is a true belief, and has been fairly earned by investigation. For then we may justly feel that it is common property, and holds good for others as well as for ourselves. Then we may be glad, not that *I* have learned secrets by which I am safer and stronger, but that *we men* have got mastery over more of the world; and we shall be strong, not for ourselves but in the name of Man and his strength. But if the belief has been accepted on insufficient evidence, the pleasure is a stolen one. Not only does it deceive ourselves by giving us a sense of power which we do not really possess, but it is sinful, because it is stolen in defiance of our duty to mankind. That duty is to guard ourselves from such beliefs as from pestilence, which may shortly master our own body and then spread to the rest of the town. What would be thought of one who, for the sake of a sweet fruit, should deliberately run the risk of bringing a plague upon his family and his neighbours?

And, as in other such cases, it is not the risk only which has to be considered; for a bad action is always bad at the time when it is done, no matter what happens afterwards. Every time we let ourselves believe for unworthy reasons, we weaken our powers of self-control, of doubting, of judicially and fairly weighing evidence. We all suffer severely enough from the maintenance and support of false beliefs and the fatally wrong actions which they lead to, and the evil born when one such belief is entertained is great and wide. But a greater and wider evil arises when the credulous character is maintained and supported, when a habit of believing for unworthy reasons is fostered and made

permanent. If I steal money from any person, there may be no harm done from the mere transfer of possession; he may not feel the loss, or it may prevent him from using the money badly. But I cannot help doing this great wrong towards Man, that I make myself dishonest. What hurts society is not that it should lose its property, but that it should become a den of thieves, for then it must cease to be society. This is why we ought not to do evil, that good may come; for at any rate this great evil has come, that we have done evil and are made wicked thereby. In like manner, if I let myself believe anything on insufficient evidence, there may be no great harm done by the mere belief; it may be true after all, or I may never have occasion to exhibit it in outward acts. But I cannot help doing this great wrong towards Man, that I make myself credulous. The danger to society is not merely that it should believe wrong things, though that is great enough; but that it should become credulous, and lose the habit of testing things and inquiring into them; for then it must sink back into savagery.

The harm which is done by credulity in a man is not confined to the fostering of a credulous character in others, and consequent support of false beliefs. Habitual want of care about what I believe leads to habitual want of care in others about the truth of what is told to me. Men speak the truth to one another when each reveres the truth in his own mind and in the other's mind; but how shall my friend revere the truth in my mind when I myself am careless about it, when I believe things because I want to believe them, and because they are comforting and pleasant? Will he not learn to cry, "Peace," to me, when there is no peace?² By such a course I shall surround myself with a thick atmosphere of falsehood and fraud, and in that I must live. It may matter little to me, in my cloud-castle of sweet illusions and darling lies; but it matters much to Man that I have made my neighbours ready to deceive. The credulous man is father to the liar and the cheat; he lives in the bosom of this his family, and it is no marvel if he should become even as they are. So closely are our duties knit together, that whoso shall keep the whole law, and yet offend in one point, he is guilty of all.

To sum up: it is wrong always, everywhere, and for anyone, to believe anything upon insufficient evidence.

If a man, holding a belief which he was taught in childhood or persuaded of afterwards, keeps down and pushes away any doubts which arise about it in his mind, purposely avoids the reading of books and the company of men that call into question or discuss it, and regards as impious those questions which cannot easily be asked without disturbing it—the life of that man is one long sin against mankind.

If this judgment seems harsh when applied to those simple souls who have never known better, who have been brought up from the cradle with a horror of doubt, and taught that their eternal welfare depends on *what* they believe, then it leads to the very

²[An allusion to Jeremiah 6:14 and 8:11: "They have healed the wound of my people lightly, saying, 'Peace, peace,' when there is no peace" (Revised Standard Version). (Instr.)]

serious question, *Who hath made Israel to sin?*³

It may be permitted me to fortify this judgment with the sentence of Milton—

A man may be a heretic in the truth; and if he believe things only because his pastor says so, or the assembly so determine, without knowing other reason, though his belief be true, yet the very truth he holds becomes his heresy.⁴

And with this famous aphorism of Coleridge—

He who begins by loving Christianity better than Truth, will proceed by loving his own sect or Church better than Christianity, and end loving himself better than all.⁵

Inquiry into the evidence of a doctrine is not to be made once for all, and then taken as finally settled. It is never lawful to stifle a doubt; for either it can be honestly answered by means of the inquiry already made, or else it proves that the inquiry was not complete.

“But,” says one, “I am a busy man; I have no time for the long course of study which would be necessary to make me in any degree a competent judge of certain questions, or even able to understand the nature of the arguments.”

Then he should have no time to believe.

II. THE WEIGHT OF AUTHORITY

Are we then to become universal sceptics, doubting everything, afraid always to put one foot before the other until we have personally tested the firmness of the road? Are we to deprive ourselves of the help and guidance of that vast body of knowledge which is daily growing upon the world, because neither we nor any other one person can possibly test a hundredth part of it by immediate experiment or observation, and because it would not be completely proved if we did? Shall we steal and tell lies because we have had no personal experience wide enough to justify the belief that it is wrong to do so?

There is no practical danger that such consequences will ever follow from scrupulous care and self-control in the matter of belief. Those men who have most nearly done their duty in this respect have found that certain great principles, and these most fitted for the guidance of life, have stood out more and more clearly in proportion to the

³[I have not been able to find this phrase (as a question) in the Bible, but the relative clause “who [or which] made Israel to sin” occurs repeatedly in the two books of Kings. (Instr.)]

⁴*Areopagitica*.

⁵*Aids to Reflection*.

care and honesty with which they were tested, and have acquired in this way a practical certainty. The beliefs about right and wrong which guide our actions in dealing with men in society, and the beliefs about physical nature which guide our actions in dealing with animate and inanimate bodies, these never suffer from investigation; they can take care of themselves, without being propped up by "acts of faith," the clamour of paid advocates, or the suppression of contrary evidence. Moreover there are many cases in which it is our duty to act upon probabilities, although the evidence is not such as to justify present belief; because it is precisely by such action, and by observation of its fruits, that evidence is got which may justify future belief. So that we have no reason to fear lest a habit of conscientious inquiry should paralyse the actions of our daily life.⁶

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What shall we say of that authority, more venerable and august than any individual witness, the time-honoured tradition of the human race? An atmosphere of beliefs and conceptions has been formed by the labours and struggles of our forefathers, which enables us to breathe amid the various and complex circumstances of our life. It is around and about us and within us; we cannot think except in the forms and processes of thought which it supplies. Is it possible to doubt and to test it? and if possible, is it right?

We shall find reason to answer that it is not only possible and right, but our bounden duty; that the main purpose of the tradition itself is to supply us with the means of asking questions, of testing and inquiring into things; that if we misuse it, and take it as a collection of cut-and-dried statements to be accepted without further inquiry, we are not only injuring ourselves here, but, by refusing to do our part towards the building up of the fabric which shall be inherited by our children, we are tending to cut off ourselves and our race from the human line.

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In regard, then, to the sacred tradition of humanity, we learn that it consists, not in propositions or statements which are to be accepted and believed on the authority of the tradition, but in questions rightly asked, in conceptions which enable us to ask further questions, and in methods of answering questions. The value of all these things depends on their being tested day by day. The very sacredness of the precious deposit imposes upon us the duty and the responsibility of testing it, of purifying and enlarging it to the utmost of our power. He who makes use of its results to stifle his own doubts, or to hamper the inquiry of others, is guilty of a sacrilege which centuries shall never be able to blot out. When the labours and questionings of honest and brave men shall have built up the fabric of known truth to a glory which we in this generation can neither hope for

⁶[The triplets of asterisks below (* * *) each indicate an omission of several paragraphs. (Instr.)]

nor imagine, in that pure and holy temple he shall have no part nor lot, but his name and his works shall be cast out into the darkness of oblivion for ever.

III. THE LIMITS OF INFERENCE

The question in what cases we may believe that which goes beyond our experience, is a very large and delicate one, extending to the whole range of scientific method, and requiring a considerable increase in the application of it before it can be answered with anything approaching to completeness. But one rule, lying on the threshold of the subject, of extreme simplicity and vast practical importance, may here be touched upon and shortly laid down.

A little reflection will show us that every belief, even the simplest and most fundamental, goes beyond experience when regarded as a guide to our actions. A burnt child dreads the fire, because it believes that the fire will burn it to-day just as it did yesterday; but this belief goes beyond experience, and assumes that the unknown fire of to-day is like the known fire of yesterday. Even the belief that the child was burnt yesterday goes beyond present experience, which contains only the memory of a burning, and not the burning itself; it assumes, therefore, that this memory is trustworthy, although we know that a memory may often be mistaken. But if it is to be used as a guide to action, as a hint of what the future is to be, it must assume something about that future, namely, that it will be consistent with the supposition that the burning really took place yesterday; which is going beyond experience. Even the fundamental "I am," which cannot be doubted, is no guide to action until it takes to itself "I shall be," which goes beyond experience. The question is not, therefore, "May we believe what goes beyond experience?" for this is involved in the very nature of belief; but "How far and in what manner may we add to our experience in forming our beliefs?"

And an answer, of utter simplicity and universality, is suggested by the example we have taken: a burnt child dreads the fire. We may go beyond experience by assuming that what we do not know is like what we do know; or, in other words, we may add to our experience on the assumption of a uniformity in nature. What this uniformity precisely is, how we grow in the knowledge of it from generation to generation, these are questions which for the present we lay aside, being content to examine two instances which may serve to make plainer the nature of the rule.

From certain observations made with the spectroscope, we infer the existence of hydrogen in the sun. By looking into the spectroscope when the sun is shining on its slit, we see certain definite bright lines: and experiments made upon bodies on the earth have taught us that when these bright lines are seen hydrogen is the source of them. We assume, then, that the unknown bright lines in the sun are like the known bright lines of the laboratory, and that hydrogen in the sun behaves as hydrogen under similar circumstances would behave on the earth.

But are we not trusting our spectroscope too much? Surely, having found it to be trustworthy for terrestrial substances, where its statements can be verified by man, we are

justified in accepting its testimony in other like cases; but not when it gives us information about things in the sun, where its testimony cannot be directly verified by man?

Certainly, we want to know a little more before this inference can be justified; and fortunately we do know this. The spectroscope testifies to exactly the same thing in the two cases; namely, that light-vibrations of a certain rate are being sent through it. Its construction is such that if it were wrong about this in one case, it would be wrong in the other. When we come to look into the matter, we find that we have really assumed the matter of the sun to be like the matter of the earth, made up of a certain number of distinct substances; and that each of these, when very hot, has a distinct rate of vibration, by which it may be recognised and singled out from the rest. But this is the kind of assumption which we are justified in using when we add to our experience. It is an assumption of uniformity in nature, and can only be checked by comparison with many similar assumptions which we have to make in other such cases.

But is this a true belief, of the existence of hydrogen in the sun? Can it help in the right guidance of human action?

Certainly not, if it is accepted on unworthy grounds, and without some understanding of the process by which it is got at. But when this process is taken in as the ground of the belief, it becomes a very serious and practical matter. For if there is no hydrogen in the sun, the spectroscope—that is to say, the measurement of rates of vibration—must be an uncertain guide in recognising different substances; and consequently it ought not to be used in chemical analysis—in assaying, for example—to the great saving of time, trouble, and money. Whereas the acceptance of the spectroscopic method as trustworthy has enriched us not only with new metals, which is a great thing, but with new processes of investigation, which is vastly greater.

For another example, let us consider the way in which we infer the truth of an historical event—say the siege of Syracuse in the Peloponnesian war. Our experience is that manuscripts exist which are said to be and which call themselves manuscripts of the history of Thucydides; that in other manuscripts, stated to be by later historians, he is described as living during the time of the war; and that books, supposed to date from the revival of learning, tell us how these manuscripts had been preserved and were then acquired. We find also that men do not, as a rule, forge books and histories without a special motive; we assume that in this respect men in the past were like men in the present; and we observe that in this case no special motive was present. That is, we add to our experience on the assumption of a uniformity in the characters of men. Because our knowledge of this uniformity is far less complete and exact than our knowledge of that which obtains in physics, inferences of the historical kind are more precarious and less exact than inferences in many other sciences.

But if there is any special reason to suspect the character of the persons who wrote or transmitted certain books, the case becomes altered. If a group of documents give internal evidence that they were produced among people who forged books in the names of others, and who, in describing events, suppressed those things which did not suit them, while they amplified such as did suit them; who not only committed these crimes, but gloried in them as proofs of humility and zeal; then we must say that upon such

documents no true historical inference can be founded, but only unsatisfactory conjecture.

We may, then, add to our experience on the assumption of a uniformity in nature; we may fill in our picture of what is and has been, as experience gives it us, in such a way as to make the whole consistent with this uniformity. And practically demonstrative inference – that which gives us a right to believe in the result of it – is a clear showing that in no other way than by the truth of this result can the uniformity of nature be saved.

No evidence, therefore, can justify us in believing the truth of a statement which is contrary to, or outside of, the uniformity of nature. If our experience is such that it cannot be filled up consistently with uniformity, all we have a right to conclude is that there is something wrong somewhere; but the possibility of inference is taken away; we must rest in our experience, and not go beyond it at all. If an event really happened which was not a part of the uniformity of nature, it would have two properties: no evidence could give the right to believe it to any except those whose actual experience it was; and no inference worthy of belief could be founded upon it at all.

Are we then bound to believe that nature is absolutely and universally uniform? Certainly not; we have no right to believe anything of this kind. The rule only tells us that in forming beliefs which go beyond our experience, we may make the assumption that nature is practically uniform so far as we are concerned. Within the range of human action and verification, we may form, by help of this assumption, actual beliefs; beyond it, only those hypotheses which serve for the more accurate asking of questions.

To sum up: –

We may believe what goes beyond our experience, only when it is inferred from that experience by the assumption that what we do not know is like what we know.

We may believe the statement of another person, when there is reasonable ground for supposing that he knows the matter of which he speaks, and that he is speaking the truth so far as he knows it.

It is wrong in all cases to believe on insufficient evidence; and where it is presumption to doubt and to investigate, there it is worse than presumption to believe.